

AADPA 2024 Annual Report

28 October 2024



Agenda

- | | | |
|---|--|-------------------|
| 1 | Acknowledgement of Country and Welcome | Chair |
| 2 | Apologies | Company Secretary |
| 3 | Minutes from previous AGM, 17 October 2023 | Chair |
| 4 | 2023/2024 AADPA Annual Report | Chair |
| 5 | Proposed Special Resolutions | Returning Officer |
| 6 | Election to the Board of Directors | Returning Officer |
| 7 | Other Business | Chair |
| 8 | Close | Chair |



Welcome



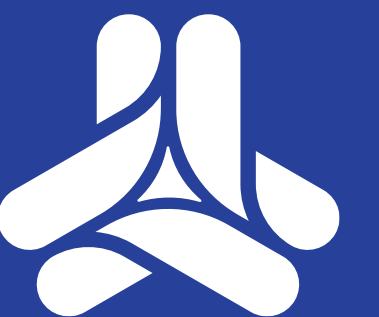
▶ Professor David Coghill, AADPA President

2024 has been a year of progress and challenge for AADPA and the ADHD community.

While we saw increased public awareness and launched the National Prescribing Guide for Healthcare Professionals, the government's delayed response to the ADHD Senate Inquiry has been very disappointing.

Our advocacy efforts continue, with a focus on implementing the Senate's recommendations and expanding professional education and collaborative care models. We are pursuing new grants to support ADHD services, despite recent funding setbacks.

I extend my gratitude to the AADPA board, members, and partners for their commitment this year. We look forward to driving change and improving ADHD care in 2025.



Minutes From AADPA's 2023 AGM



australian ADHD
professionals association

Draft Minutes: 2023 Annual General Meeting

Date: Tuesday, 17 October 2023

Time: 7:30-8:30pm (AEDT), 4:30-5:30pm (AWST) and 9:30-10:30pm (NZDT)

Place: Via Zoom Conference Facilities

Item	Description	Responsible
1	The meeting opened at 7.30pm. AADPA President Dave Coghill (DC) welcomed everyone to the Annual General Meeting with an Acknowledgement of Country, then introduced the 2022/2023 Board Members.	Chair
2	Present and Apologies - There were 45 members registered to attend the AGM. Nineteen members were present at 7.30pm and 28 members were present by 7.54pm. - These numbers included the nine Board members, and three members of the AADPA secretariat. - One apology and one Proxy form were received.	Company Secretary
3	Minutes of previous AGM 30 July 2022 (taken as read) - Emma Sciberras moved and Roger Paterson seconded. - Those who were present at the 2022 AGM were asked to vote in the online poll. - All those present (seven) voted to accept the Minutes. - CARRIED – the Minutes were confirmed as a true and accurate record.	Chair
4	Chair's report DC presented the 2022/2023 Annual Report and highlighted: - the Key Achievements of AADPA under the management of the Board Members; - Future Strategic Priorities; Membership Report; and Audited Financial Statements. (Spoken to by Mark Bellgrove) - Roger Paterson moved and Sarahn Lovett seconded the report. - Full Members in attendance were asked to vote in the online poll to accept the Chair's report. 21 Full members voted to accept the report. - CARRIED – the Report was accepted.	Chair
5	Proposed Resolution The following resolution was proposed to change our name: "That with effect from the end of the Annual General Meeting: Page 1 (document title page) and Part A Clauses 1.1 and 2.1 (page 3) will be altered as follows to replace "Australian ADHD Professionals Association Ltd" with "Australasian ADHD Professionals Association Ltd". PART A – THE COMPANY 1. Name and type of company 1.1. The name of the Company is Australasian ADHD Professionals Association Ltd 2. Definitions and interpretation In this Constitution unless contrary intention appears, "Company" means Australasian ADHD Professionals Association Ltd " - Full members in attendance were asked to vote in the online poll. - Twenty Full members voted to accept the name change. - CARRIED – 20/20 (>75%) Full members voted in support of the name change.	Chair



australian ADHD
professionals association

Item	Description	Responsible
6	Election of Directors to the Board In accordance with Clause 39.1 of the Constitution, an Election to the Board of Directors was held prior to today's Annual General Meeting. As the number of nominations received (12) exceeded the number of vacancies to be filled (4), an electronic ballot was conducted, and all FULL members were invited to vote. None of the candidates (including the Company Secretary) have had access to the voting results at any time. Professor Mark Bellgrove, Professor David Coghill, Dr Roger Paterson and Dr Sarahn Lovett received the highest number of votes when voting closed at 5pm AEST on 13 October 2023. The board would like to thank all candidates for their applications, welcome Sarahn to her position as an elected director and congratulate Roger, Dave and Mark on their returning appointment. The meeting was reminded that the Office Bearers, such as President, will be chosen from amongst the members of the Board.	Company Secretary
7	Other Business Senate Inquiry - The meeting was advised that the findings are due to be tabled in the Senate on Wednesday 18 October 2024 Conference - AADPA's 7th Annual Conference will be held at The Westin in Brisbane from 26-28 July 2024. The co-Convenors are Sarah Medland and James Scott. Other Questions - No questions were received. - Mark Bellgrove (MB) thanked Dave Coghill (President) and Roger Paterson (Vice President) for their work throughout the year. - Dave Coghill thanked Mark for his ongoing contribution to the success of AADPA since its inception.	Chair & All members
8	Meeting close The meeting closed at 8.30pm.	



2024 Annual Report

Prof. Dave Coghill



2023 – 2024 Key Achievements

- ▶ Launch of the ADHD Prescribing Guide For Australian Healthcare Professionals
- ▶ ADHD Resources - Factsheets & Information Sheets
- ▶ 7th Annual Conference
- ▶ ADHD Advocacy
- ▶ Live Webinar Program
- ▶ Submissions, Publications and Media
- ▶ Governance



ADHD Prescribing Guide For Australian Healthcare Professionals

- ▶ AADPA recently released Australia's first-ever ADHD Prescribing Guide for Healthcare Professionals with the aim of improving ADHD care quality and serve as a step toward national prescribing standards.
- ▶ The guide includes clear and practical guidance on the safe use of ADHD medications, including diagnosis, medication selection, and patient monitoring and is designed to complement clinical judgment and ensure consistent prescribing practices nationwide.
- ▶ The Guide is available in both print and eBook formats from AADPA's website.
- ▶ To date we have sold: **365 printed copies and 45 eBooks.**
- ▶ All monies after costs will be used to support the development of resources and the supporting the Advisory Panel.



ADHD Prescribing Guide Contributors

The Guide was developed by a cross-disciplinary team of experts, the guide is designed to complement clinical judgment and ensure consistent prescribing practices nationwide.

- ▶ Professor Dave Coghill (Lead Author)
- ▶ Kate Tognarini (Lead Author)
- ▶ Dr Roger Paterson
- ▶ Dr Alison (Sally) Poulton
- ▶ Prof Mark Bellgrove
- ▶ Dr John W Kramer
- ▶ Dr Sarahn Lovett
- ▶ Dr Dianne Grocott
- ▶ Louise Brown
- ▶ Dr Alicia Montgomery
- ▶ Professor Edward Ogden
- ▶ Dr Jarret Johnston
- ▶ Dr Belinda Oddy
- ▶ Dr Lakshman Doddamani
- ▶ Dr Marshall Watson
- ▶ Dr Shelley Gray
- ▶ Dr Carmel O'Toole
- ▶ Dr Frank Cahill
- ▶ Dr Lindsay Martin



ADHD Prescribing Guide Advisory Panel



▶ Prof. Emily Simonoff



▶ Prof. Luis Rohde



▶ Prof. Jan Buitelaar



▶ Prof. Philip Asherson



▶ Dr John Kramer



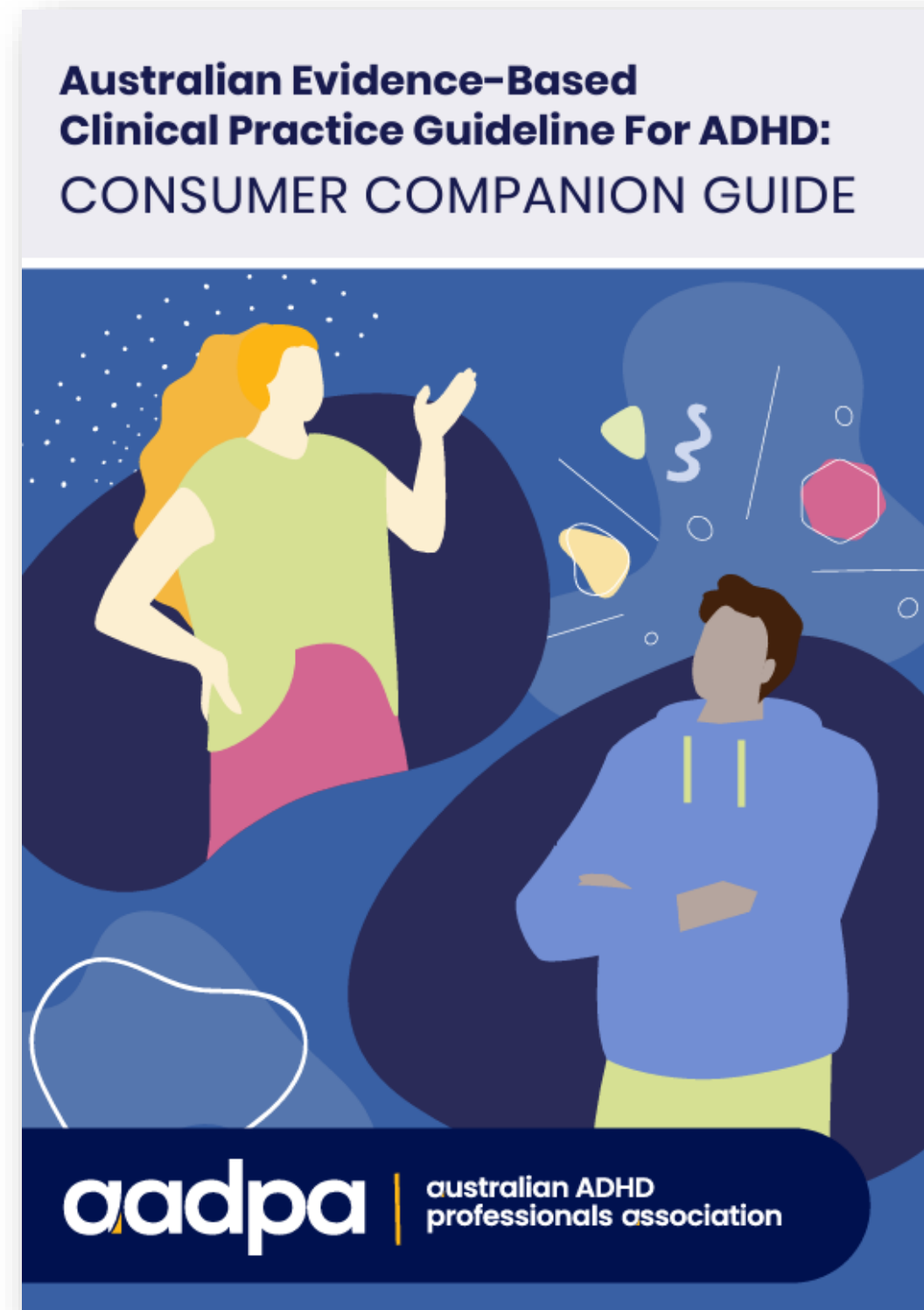
▶ Ella van de Velde Fidock



Australian ADHD Clinical Guideline & Consumer Companion



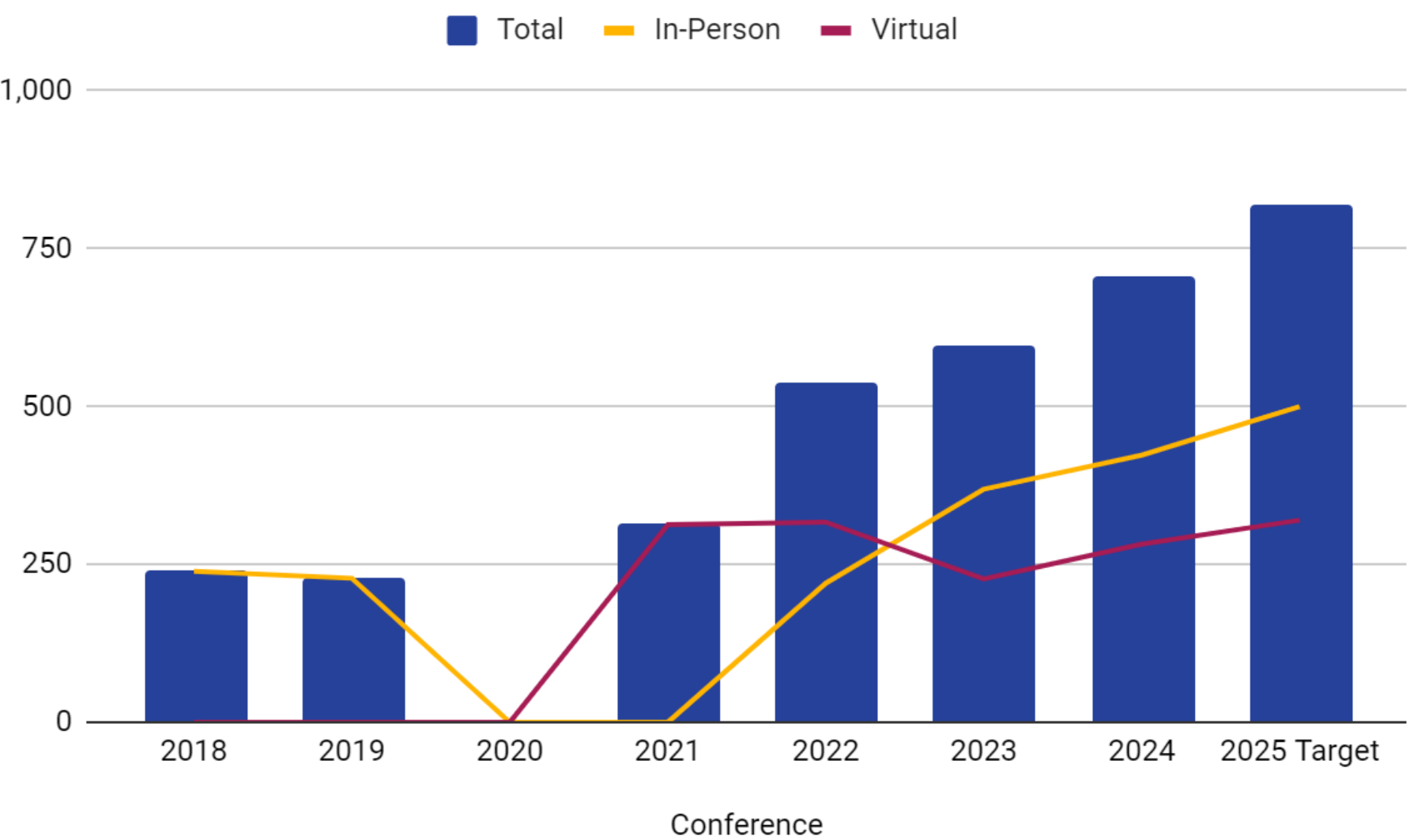
41,678 downloads + 823 copies sold



3,575 Downloads



7th Annual Conference



7th Annual Conference

Florence Levy Emerging Research Award:

Congratulations: Dr. Ha Le

Ha is a research fellow grade 2 and a PhD Candidate at Deakin University. She has co-designed and conducted multiple economic evaluations, and NHMRC-and ARC-funded trials that aimed to prevent problems in child behaviour, language and learning.

Best Abstract Presentation

Congratulations: Irene Mateo Arriero

Title: Talking ADHD: understanding disclosure decisions in parents of children with attention deficit/hyperactivity disorder

Best Poster

Congratulations: Seungjae (Jesse) Lee

Title: What is the role of cognition measured with QbCheck in treating ADHD



- ▶ Professors Dave Coghill and Mark Bellgrove presenting Dr Ha Le with the AADPA Florence Ley Emerging Research Award at the 7th Annual AADPA Conference in July 2024



ADHD ADVOCACY

ADHD Unscripted

“ I now work with my brain instead of against it.
DR OZGUR YALCIN

 + ADHD AWARENESS MONTH BRINGS YOU...

ADHD UNSCRIPTED
Real Stories Real People

 scan me

“ Learning about myself has healed so much of the shame I had carried over the years.
TARRYN STOKES

 + ADHD AWARENESS MONTH BRINGS YOU...

ADHD UNSCRIPTED
Real Stories Real People

 scan me

“ My combined subtype ADHD was identified later in life.
EMMA-ROSE PARSONS

 + ADHD AWARENESS MONTH BRINGS YOU...

ADHD UNSCRIPTED
Real Stories Real People

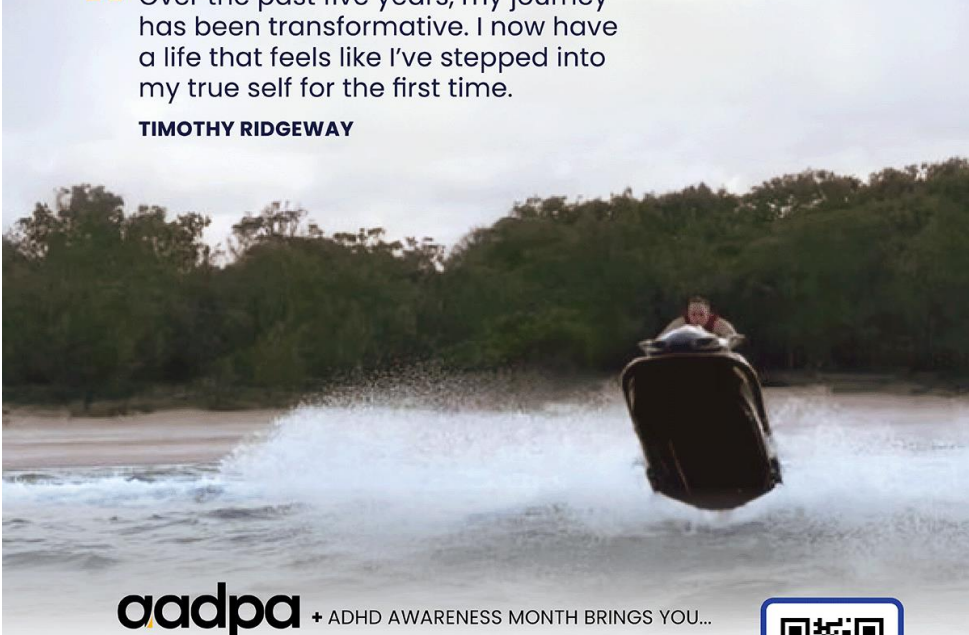
 scan me

“ My hope is that soon, all those with different cognitions will be celebrated for the unique perspective they bring.
SONIA GRAY

 + ADHD AWARENESS MONTH BRINGS YOU...

ADHD UNSCRIPTED
Real Stories Real People

 scan me

“ Over the past five years, my journey has been transformative. I now have a life that feels like I've stepped into my true self for the first time.
TIMOTHY RIDGEWAY

 + ADHD AWARENESS MONTH BRINGS YOU...

ADHD UNSCRIPTED
Real Stories Real People

 scan me

“ Receiving the AADPA Flo Levy award has been a tremendous encouragement. This recognition of my contribution to ADHD research reminds me that my work in this area is important and needed.
DR HA LE

 + ADHD AWARENESS MONTH BRINGS YOU...

ADHD UNSCRIPTED
Real Stories Real People

 scan me



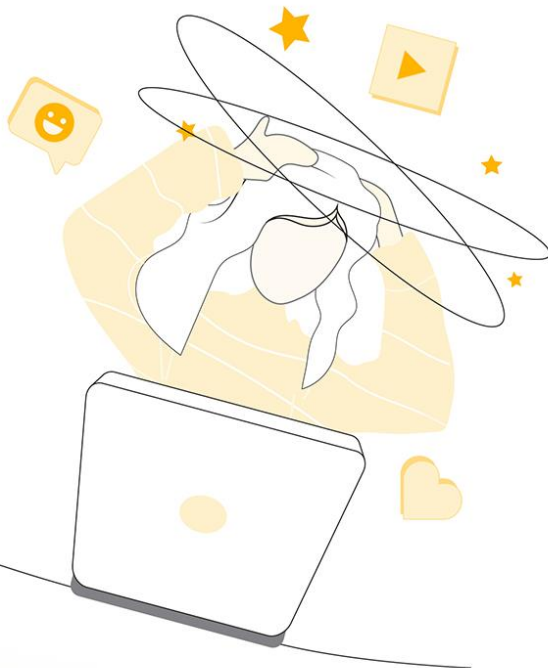
ADHD ADVOCACY

Information sheets



AADPA

ADHD INFORMATION SHEET



WHAT IS IT LIKE
TO HAVE ADHD?
LIVED EXPERIENCE

Does your brain ever feel like this all at once?

The ADHD brain is overflowing with potential, but sometimes it can feel like a whirlwind of ideas and competing priorities. Your brain can also be overwhelmed with sensory distractions.

Harnessing this potential, and doing it at the right time, can be hard. For people with ADHD it can be difficult to focus, take action and complete tasks.



ADHD LIVED
EXPERIENCE
POST DIAGNOSIS

**JUST BECAUSE
I CARRY IT WELL
DOESN'T MEAN
THE LOAD I CARRY
ISN'T HEAVY**

How an ADHD diagnosis might impact a person with lived experience, what it can mean:

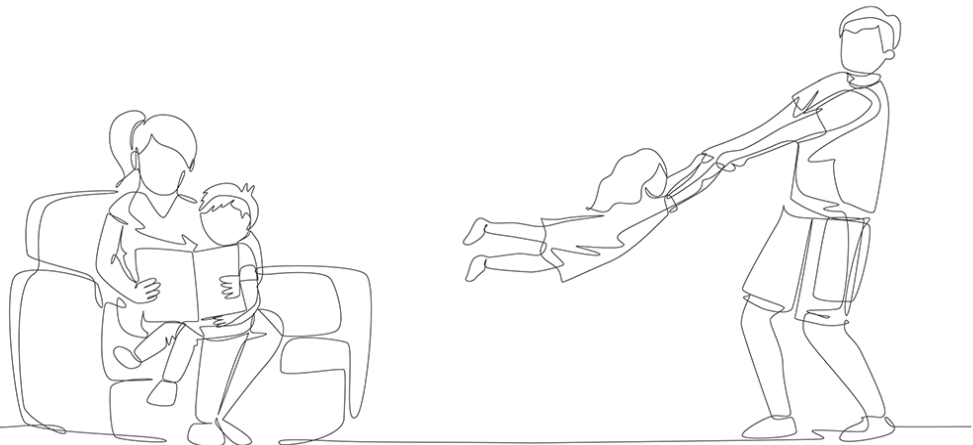
- Greater self-awareness and self-compassion.
- A different way to explain your experience, your strengths and your challenges.
- An understanding that my challenges may be somewhat beyond my control.
- Access to medication, education, other treatments and ADHD friendly strategies.
- Community and acceptance — engaging with other people who share and understand your experiences.
- Access to supports and accommodations.

DISCLAIMER: This fact sheet is for informational purposes only and should not be interpreted as medical advice. SOURCE: Australian Evidence-Based Clinical Practice Guideline For Attention Deficit Hyperactivity Disorder (ADHD).



AADPA

ADHD INFORMATION SHEET



HOW TO TALK
TO MY CHILD
ABOUT THEIR ADHD

We encourage all parents to discuss health issues with their children and do it as a family.

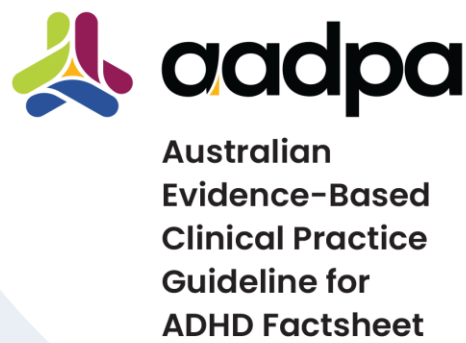
General tips for starting the conversation:

- **Be open and honest:** trust is key in your relationship.
- **Use age-appropriate language:** adjust your explanation based on your child's age and understanding.
- **Choose the right time:** there's no perfect moment, trust your instincts.
- **Show your love and support:** reassure them of your unconditional love.
- **Admit what you don't know:** it's okay to say you'll find out together.

DISCLAIMER: This fact sheet is for informational purposes only and should not be interpreted as medical advice. SOURCE: Australian Evidence-Based Clinical Practice Guideline For Attention Deficit Hyperactivity Disorder (ADHD).

AADPA AGM | Monday 28 October 2024

Factsheets



TYPES OF
NON-MEDICATION
INTERVENTIONS

1 Lifestyle changes

WHAT | Lifestyle changes involve modifying aspects of daily life to improve health and wellbeing. Lifestyle changes have the potential to improve day-to-day functioning for people with ADHD. Lifestyle factors considered in this section include diet, exercise or activity levels, and sleep patterns.

WHO | Clinicians including paediatricians, psychiatrists, general practitioners, nurses, psychologists and other allied health clinicians can assist a person with ADHD to make lifestyle changes to improve their functioning.

HOW | Lifestyle changes are generally explored during one-on-one sessions with a clinician.

AGE RANGE | Lifestyle changes can be considered for a person with ADHD of any age.

DISCLAIMER: This fact sheet is for informational purposes only and should not be interpreted as medical advice.
SOURCE: Australian Evidence-Based Clinical Practice Guideline For Attention Deficit Hyperactivity Disorder (ADHD)



NON-MEDICATION
INTERVENTIONS
OVERVIEW

WHAT THE GUIDELINE SAYS | Non-medication interventions have value beyond improving ADHD symptoms, and can improve broader aspects of functioning for individuals and/or their families.

Clinicians should offer guidance on lifestyle changes such as promoting a healthy and active lifestyle, including considering sleep patterns, as these have the potential to improve day-to-day functioning.

Parent/family training should be offered to parents/carers of children and adolescents with ADHD to support the functioning of the family and child with ADHD. Parents should be informed that the need for parent/family training does not imply bad parenting but aims to optimise parenting skills to meet the additional parenting needs of children and adolescents with ADHD.

DISCLAIMER: This fact sheet is for informational purposes only and should not be interpreted as medical advice.
SOURCE: Australian Evidence-Based Clinical Practice Guideline For Attention Deficit Hyperactivity Disorder (ADHD)



ADHD Submissions & Resources

- ▶ NSW Parliamentary Inquiry into improving access to early childhood health and development checks
- ▶ Submission to the US Drug Enforcement Agency (DEA) in response to their call for feedback regarding their restriction of production quotas for certain controlled substances.
- ▶ Submission to the Tasmanian Parliament Inquiry into barriers to seek and access ADHD care
- ▶ Work on the Sydney Local Health District GP Collaborative care
- ▶ Education modules to inform ADHD co-managed care in regional NSW
- ▶ Lived experience Story Telling Guide



ADHD ADVOCACY & EDUCATION

Live Webinar Program

ADHD In The Context Of Neurodiversity **

Presenter: **Prof. Emily Simonoff**

October 2023

Special Event: ADHD Senate Report Q&A

Presenter: **Senator Marielle Smith**

November 2023

The Future Of Disability Research Post NDIS Review **

Presenter: **Prof Jennifer Smith Merry**

February 2024

Special Presentation: AADPA Past, Present & Future

Presenter: **Guest Panel**

March 2024

Medicinal Cannabis For Paediatric Developmental
Behavioural Disorders **

Presenter: **Assoc Prof Daryl Efron**

April 2024

The Intersection of Autism & ADHD

Presenter: **Dr Monique Mitchelson**

May 2024

Interoceptive Awareness and ADHD **

Presenter: **Bianca Parsons**

June 2024

NDIS Reforms, Advocacy and Future Direction **

Presenter: **Amanda Curran**

August 2024

Exploring the University Experience of
Neurodivergent Students **

Presenter: **Dr Kathy Gibbs**

September 2024



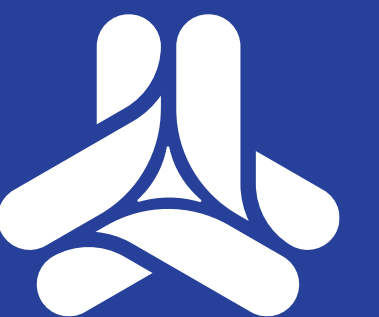
FY24 Research Committee Report

Prof. Mark Bellgrove



Early Milestones

- ▶ **Terms of Reference Established:** Defined the committee's mission to drive collaborative ADHD research with a focus on participatory practices and clear outcomes.
- ▶ **Developed ADHD Participatory Research Guide:** This guide aims to empower researchers and community members to collaborate effectively, ensuring research is respectful and focused on ADHD needs.
- ▶ **Research Publication Submitted:** An international Delphi study on ADHD research priorities was submitted for publication in the Journal of Attention Disorders.
- ▶ **Early Career Researcher (ECR) Network Launched:** Led by Emily Friedel and Monique Hassarati, with events to be featured at the next Annual Conference.
- ▶ **Language Guide for ADHD Research:** Initial work began on addressing stigmatising language in ADHD research, aiming to develop an official AADPA guide.
- ▶ **Grant Applications:** Submitted a grant application titled "Understanding ADHD in Women and Girls" and participated in an MRFF grant application.



FY24 Education & Training Committee Report

Dr Sarahn Lovett



Early Milestones

Terms of Reference Set

- ▶ Defined committee's role in overseeing ADHD education programs aligned with guidelines.

Gaps Analysis & New Fact Sheets

- ▶ Reviewed existing materials; developed ADHD-affirming resources for Australia and New Zealand.

ADHD Diagnosis Packs

- ▶ Unified resources for kids, parents, and adults, aligned with national guidelines.

Quality Assurance

- ▶ Implemented a review process to ensure evidence-based, affirming educational content.

Future Goals

Set Benchmark for AADPA Endorsement

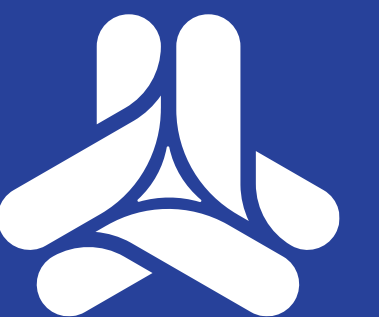
- ▶ Establish core competencies for endorsed resources.

Expand ADHD Education in Universities

- ▶ Advocate for more ADHD content in professional training.

Explore Credentialed Training

- ▶ Consider micro-credentialing and fee-based programs.



FY24 Membership Report

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FY24 Membership Report



478

FULL



252

ASSOCIATE



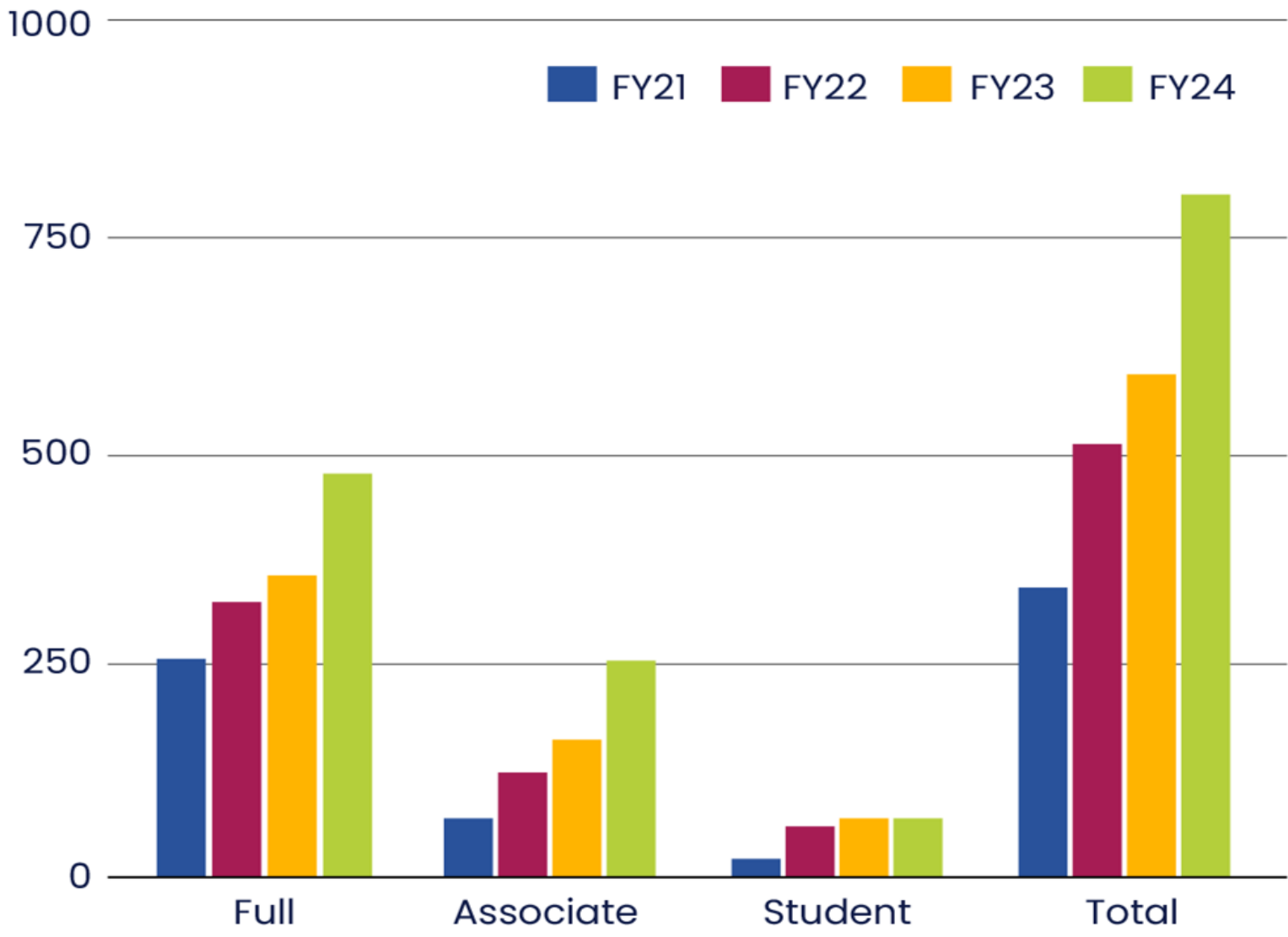
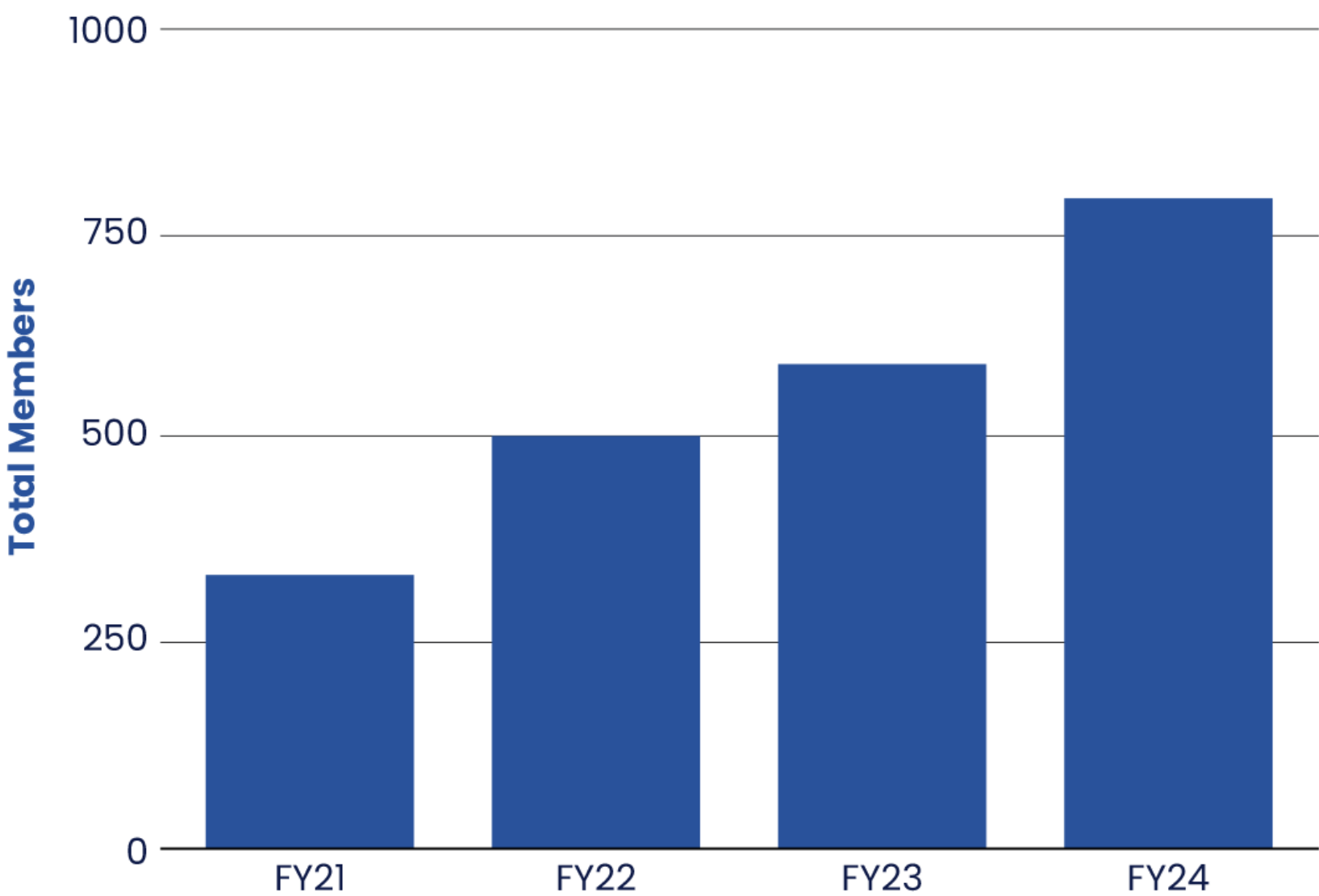
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STUDENT



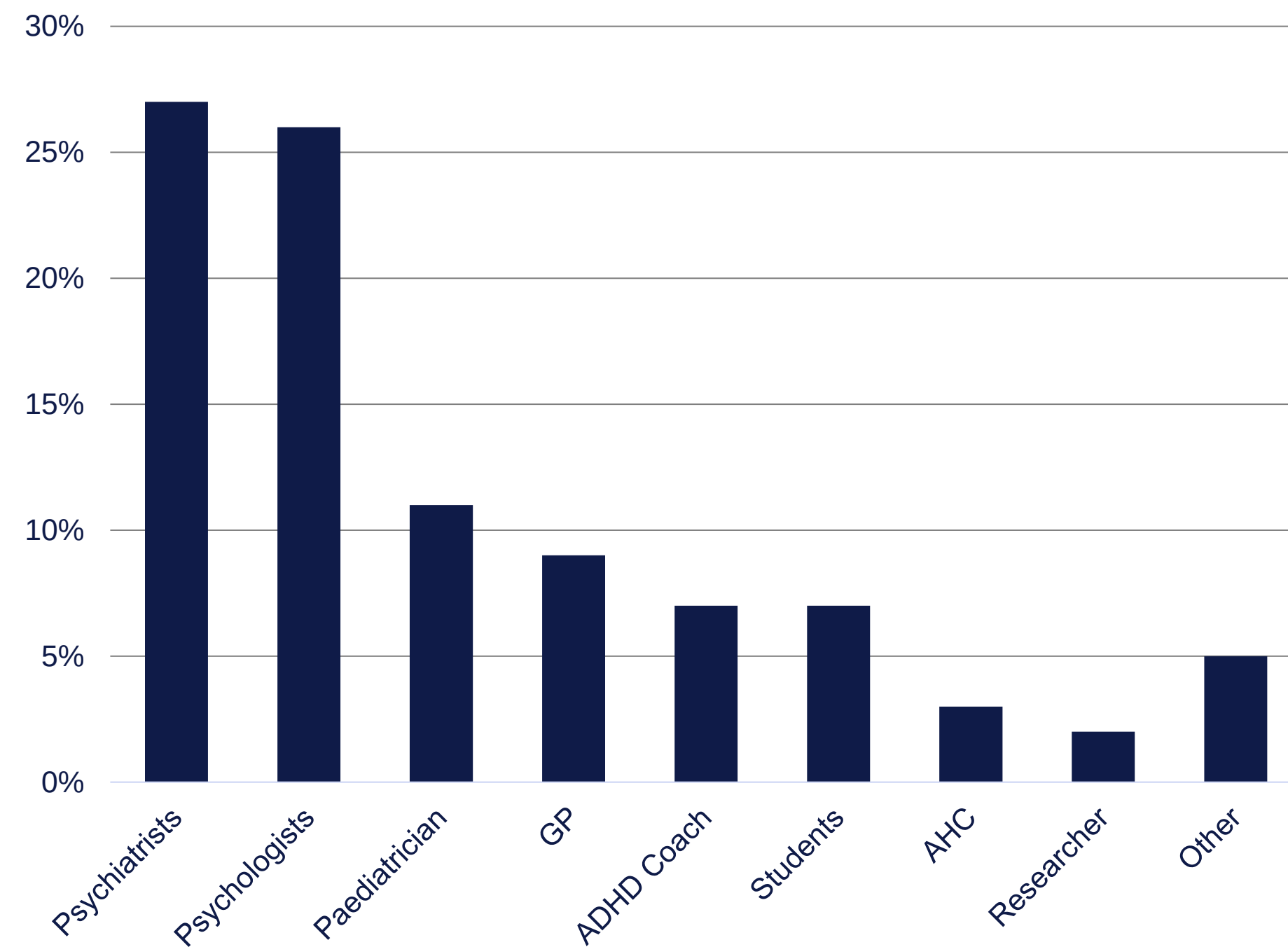
798

TOTAL

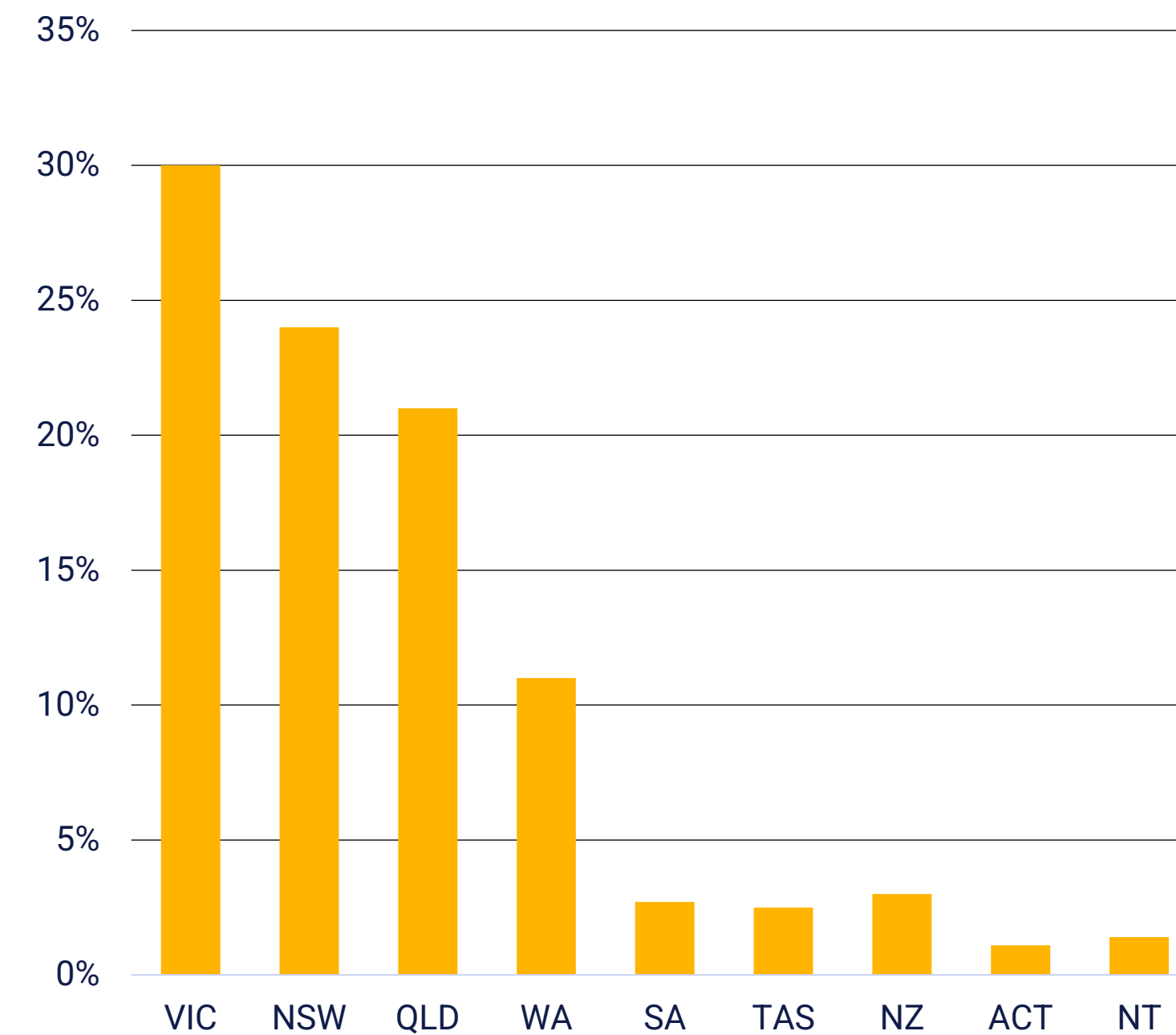


FY24 Membership Report

Member Professions



Member Location



Finance Report

Dr Roger Paterson



Assets & Liabilities Statement

Current Assets	2024	2023
Cash and Cash Equivalents		
Business account	113,852	295,909
Savings account	306,081	38,227
Total Cash and Cash Equivalents	419,933	334,136
Untitled group	4,283	6,179
Total Current Assets	424,216	340,315

Current Liabilities	2024	2023
Trade and Other Payables		
Accounts Payable	18,944	-
Total Trade and Other Payables	18,944	-
GST Payable		
GST	20,843	7,178
Total GST Payable	20,843	7,178
Total Current Liabilities	39,787	7,178
Net Assets (as 30 June 2024)	384,430	333,137

ROGER: In this years Income and Expenditure Statement the key take away is that we moved from a \$129,889 deficit last year we've closed 2024 with a surplus of \$51,203 which is very positive.

Our total income increased to \$462,180 from \$342,990 and is largely driven by a good conference result and increased membership.

Our expenditure for the year decreased by more than \$100K this year....mostly by better controlling our operations, but our key expenditure items still include administration, consulting fees, and website/IT costs which power the operations of AADPA.

However, with our improved results we are feeling confident in our ability to invest in resources to advance ADHD awareness, advocacy, and education.

Members will be able to view full results on the website shortly.
Back to you Dave.



Income & Expenditure Report

Income	2024	2023
Donations (Conference income, sales)	327,187	236,477
Fundraising (Memberships)	135,099	146,320
Total Income	462,286	382,797
Gross Surplus	462,286	382,797

Expenditure	2024	2023
Accounting & Audit Fees	5,179	4,120
Administration	68,676	42,025
Advertising & Promotion	20,945	—
App development	—	3,691
Board Meetings	—	1,323
Bookkeeping Fees	6,840	—
Conference expenses	133,836	234,427
Consulting fees (Contractors)	80,040	39,027
Fees - Bank Charges, PayPal, Stripe (WooCommerce)	4,256	3,971
Filing Fees	1,959	391
General Expenses	7,892	—
Guideline	7,149	117,202
Insurance	4,723	3,831
Interest Expense	386	—
Methodologist fees (Guideline)	—	672
Prescribing Guide: Printing & Postage	3,660	—
Research expenses (Digital)	—	45,329
Subscriptions	10,957	4,471
Website, IT & Hosting	54,495	12,205
Total Expenditure	410,993	512,686
Net Current Year Surplus After Income Tax	51,293	(129,889)

Election to the Board of Directors

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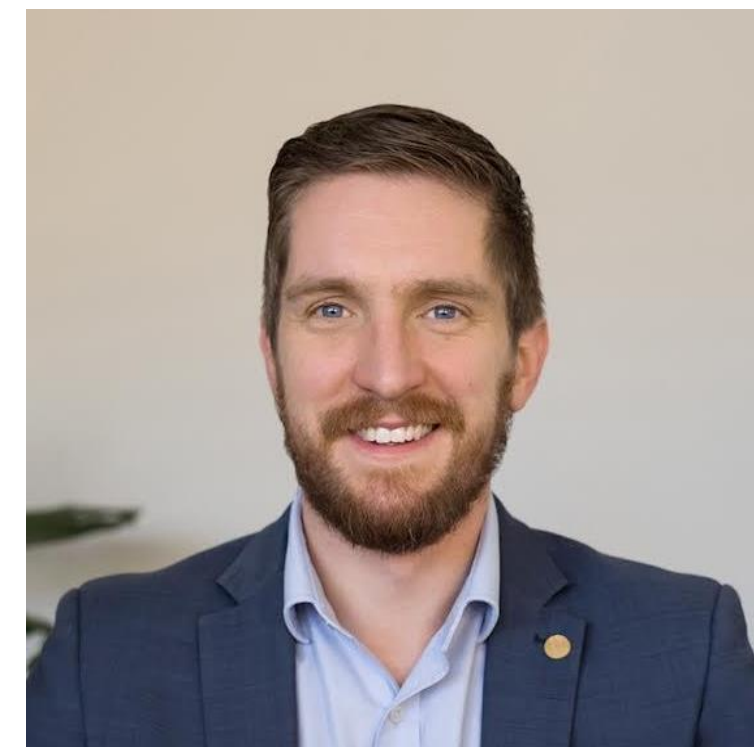


2024 Board Election Results

- ▶ Following a Call for Nominations in September, we received 6 eligible candidates to fill 3 vacant Elected Board Director positions on AADPA's Board.
- ▶ As the number of candidates exceeded the available positions, an electronic ballot was conducted to determine the outcome.
- ▶ **Drs Chris Soo, Kyle Hoath and Rebecca Alexander** received the highest number of votes Voting closed at 5pm AEDT on 23 October 2024.
- ▶ We would like thank our retiring Board members, Louise Brown, Emma Sciberras and Dr Alison Poulton for their contribution to AADPA's Board during their term and welcome Chris, Rebecca and Kyle.



▶ Dr Rebecca Alexander



▶ Dr Kyle Hoath



▶ Dr Chris Soo



New AADPA Company Secretary Appointed



Nikki Searby

Nov 2015 – Present: Corporate Affairs Counsel to the CEO Jumbo Interactive

General commercial lawyer with a wide breadth of exposure to diverse areas of law, international recruitment, cross-cultural human resources, customer service and client relations, including sales and contract management.

- ▶ Company secretary experience
- ▶ Strong analytical and problem-solving skills
- ▶ Strategic thinking developed from diverse experiences
- ▶ Strong communication skills across a variety of audiences
- ▶ Extensive retail and hospitality experience, including events planning

▶ Nikki Searby, appointed in October 2024



Future Strategic Priorities

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Strategic Priorities: Education is the key

- ▶ Promote and maintain the National Prescribing Guide and develop education resources
- ▶ Promote and maintain the National Clinical Practice Guideline for ADHD and develop education resources.
- ▶ Develop education, training and advocacy initiatives for all our stakeholders from the Prescribing Guide and Clinical Guideline
- ▶ Develop and drive a cutting edge and collaborative research portfolio that prioritises participatory practices.
- ▶ Refine and amend AADPA's constitution and governance arrangements to increase the capacity, reach and influence of AADPA.
- ▶ Develop and attain financial sustainability through diversifying revenue streams.



1. Better Resources from the Prescribing Guide

Goals

- ▶ Support behavioural change in ADHD care, covering assessment, treatment, and medication management.
- ▶ Deliver education to enhance safe, evidence-based prescribing, focusing on high-priority groups.
- ▶ Target specialists, GPs, nurses, and pharmacists across healthcare settings.
- ▶ Prioritise rural, regional, Aboriginal, CALD, services, with policy support at all levels.

Activities

- ▶ Professional development seminars
- ▶ Academic detailing
- ▶ A free digital app
- ▶ Care plans and decision aids
- ▶ Monitoring algorithms
- ▶ An interactive case series and other digital resources



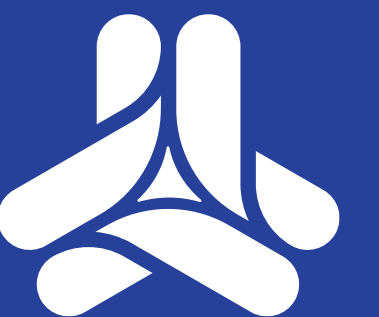
2. Implementing the Guideline

We must continue to push for Government to full implement the Australian Clinical Practice Guideline for ADHD and its companion resources.

- ▶ A Standing Committee to scope updates Guideline will be established in 2025.
- ▶ Conduct a survey about the barriers clinicians and consumers face to implement the Guideline.

POSITIVE FLOW-ON EFFECTS OF THE GUIDELINE

- ▶ Tangible impact on the nation's health policy
- ▶ Better brand recognition
- ▶ Be at the forefront of thought leadership in the space
- ▶ Leverage further funding opportunities
- ▶ Advocates for research and trials to develop optimal models of care
- ▶ Development of targeted campaigns to educate fellow professionals
- ▶ Development of a targeted marketing plan with partners
- ▶ Inform better policy for Government



3. Education and Training

Develop education, training and advocacy initiatives for the long-term benefit of professionals and consumers in collaboration with our stakeholders.

FOR PROFESSIONALS

- ▶ Improve training on the assessment and management of ADHD especially for early-career professionals.
- ▶ Provision training in the assessment and management of ADHD for students in tertiary institutions.
- ▶ Address clinician misconceptions and negative attitudes.
- ▶ Increase understanding and capacity for ADHD Collaborative care between non-GP specialists and GPs.

FOR EDUCATORS

- ▶ Co-design resources with educators and people with lived-experience to create evidence-based resources for educators; from early-childhood all the way through to tertiary.
- ▶ Develop resources to help schools better meet their responsibilities to students with ADHD, in line with recommendations in the Disability Royal Commission Report.

FOR THE COMMUNITY

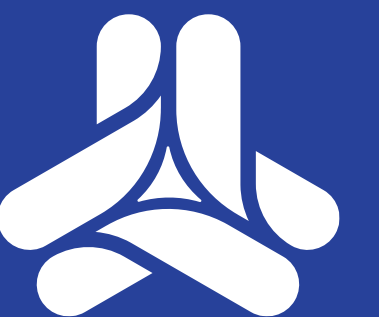
- ▶ Develop a series of resources from the Prescribing Guide for the community
- ▶ Co-design strategies to combat stigma and misinformation with people with lived-experience.
- ▶ Develop evidence-based resources that support education of people with ADHD and their families
- ▶ Continue development of a participatory and Inclusive ADHD Research Guide in conjunction with the Research Committee.



4. Research Priorities

Develop and drive a cutting edge and collaborative research portfolio with clear outcomes that prioritises participatory practices.

1. **Clinical Translation and Implementation** — Focus on how current ADHD practices align with Guide/Guideline recommendations.
2. **Psychoeducation and Non-Pharmacological Interventions** — Investigate the effectiveness of high-quality, evidence-based psychoeducation and other non-pharmacological interventions.
3. **ADHD in Women and Girls** — Enhance understanding of how ADHD presents in women and girls,
4. **First Nations and Culturally Diverse Communities** — Research ADHD prevalence, barriers to diagnosis, and culturally adapted interventions
5. **Optimal Models of Care** — for ADHD assessment and treatment, considering collaborative and multidisciplinary approaches.
6. **ADHD in the LGBTIQ+ Community** — Investigate the prevalence, unique presentations, and specific support needs
7. **Long-Term Outcomes of ADHD Treatment** — look at the long-term effects and safety of both stimulant and non-stimulant medications, along with potential benefits of integrating psychosocial treatments.



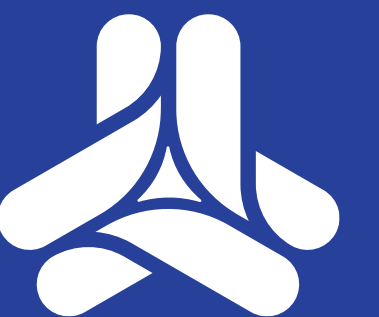
5. Enhancing Governance

IN 2024

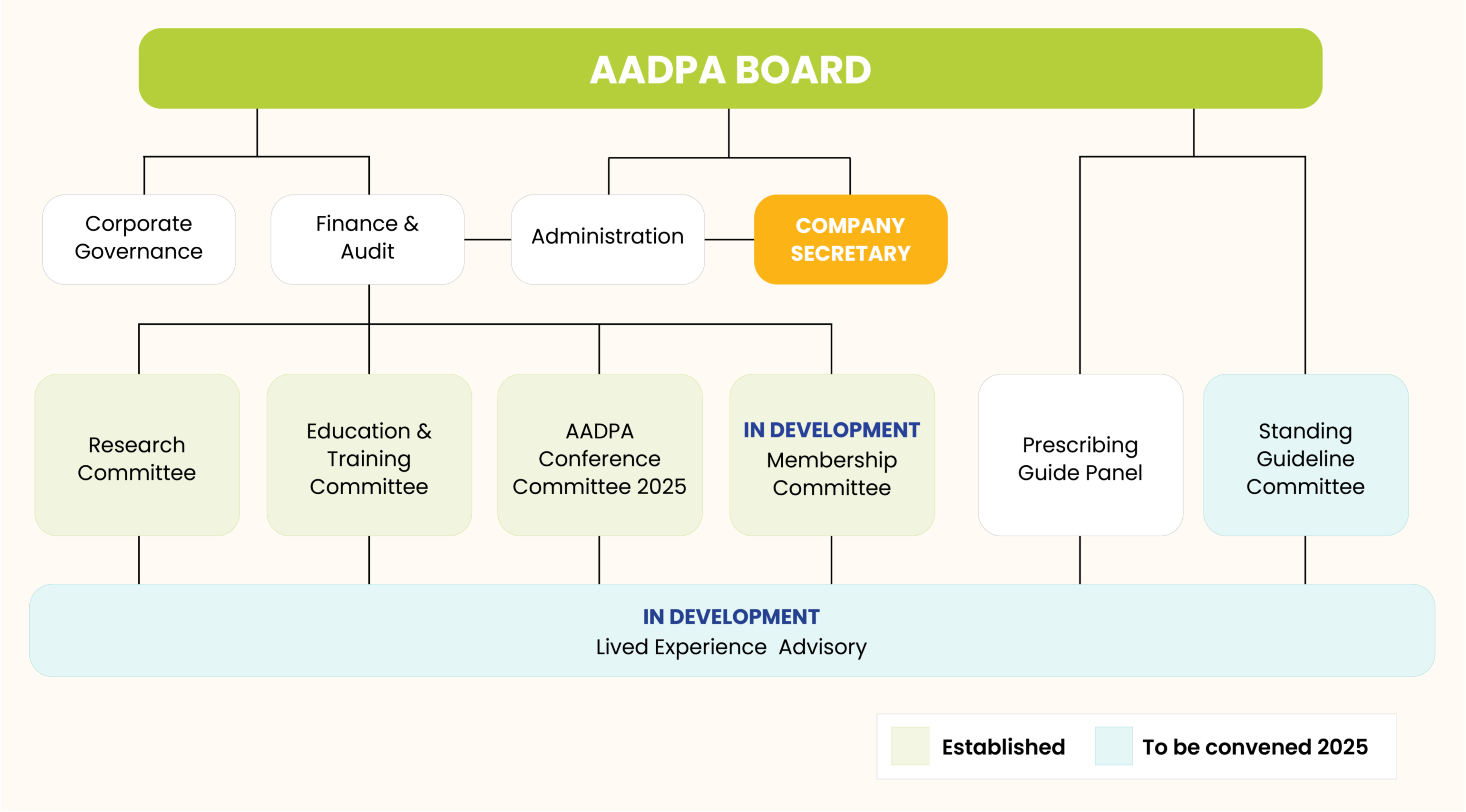
- ▶ Introduced better finance and audit procedures that resulted in an improved financial position
- ▶ Further enhancements to our governance (Resolutions 1 and 2)
- ▶ Directors and Committee chairs will continue ongoing governance training.
- ▶ Introduced a new membership platform that has enabled efficiencies
- ▶ Recruited a new Company Secretary

FOR 2025

- ▶ Recruit a Director from New Zealand
- ▶ 2025 Constitutional review
- ▶ Developing criteria for a lived experience Director membership to be consulted.



5. Enhancing Governance



Proposed Resolutions

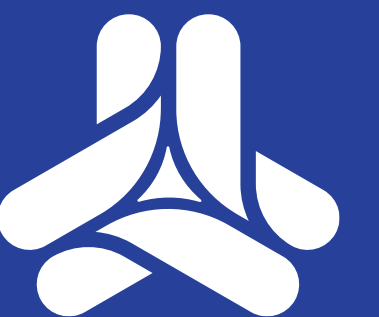
Prof. Dave Coghill



Special Resolution 1

Amendment to Constitution Regarding Membership Categories and Eligibility

- ▶ This amendment removes specific membership categories from the Constitution and instead empowers the Board to establish and modify membership categories through by-laws.
- ▶ This change will provide greater flexibility in managing membership structures while maintaining the fundamental distinction between voting and non-voting members.
- ▶ The Board will establish detailed membership categories and eligibility criteria in the by-laws following the adoption of this amendment.



Special Resolution 2

Amendment to Constitution to Include a Lived Experience Director

- ▶ This amendment ensures that at least one Board position is held by a Director with lived experience of ADHD, while allowing for multiple Directors to have such experience.
- ▶ It maintains the current Board size of up to 12 Directors but requires that at least one of these positions be filled by a Lived Experience Director.
- ▶ This change reflects the organisation's commitment to including the perspective of those with ADHD in its governance, while maintaining flexibility in Board composition.
- ▶ The amendment also provides a mechanism to appoint a Lived Experience Director if this position is not filled through the regular election process.
- ▶ The by-laws that govern the criteria for what constitutes a Lived Experience Director and the specific role of this position will be laid out in by-laws that will be considered over the coming months. They will be recirculated to the membership for comment prior to being brought to the Board for approval.



2024 Annual General Meeting

END REPORT

